

Annual Report of Secretary April 2026

What a year this has been, with such a fantastic increase in members, which is wonderful to see us growing and thriving. We have had such a varied programme of meetings and events to expand our knowledge, skills and waistlines!

We started the year with a demonstration and talk about Reflexology with Kerri Plummer, this was so well attended that we were almost arranging seating outside! But all was well, we learned so much about relaxation, and the help it gives to those with illness and stress.

Greene King was a lesson in fitness, we lost count of the flights of stairs to get an amazing view of Bury St Edmunds, learning about beer making and tasting, (which was much appreciated after all that climbing), whilst other members finessed the art of tile cutting at the WI hall.

What a fantastic time we had at the Members evening, with bingo and great laughter at the blind auction.

An evening of Line Dancing with yet more hilarity and..... surprise, surprise, our esteemed President Amanda leading from the front, literally! Yee Haa!!

Christmas saw us over indulging with such an array of pastries, cakes and luscious desserts. The tables were groaning with such delicious creations.

A Games night, this was a 'get to know you' time for all, with, yes, more cakes.

Painting and bubbles with our Michelle, stretched our creative muscles and produced some masterpieces, some may be hidden away, but maybe some have been inspired to take up this relaxing(?) hobby.

Self Defence, WOW! Glen really put us women through our paces, there was a lot of talking and laughter, with some really unusual moves, which I am sure were not part of the training, as well as hopefully learning a few moves to help defend ourselves and to keep safe.

As well as our normal meetings we were women of Audley End, planters of trees, literary ladies, wreath makers, cinema goers, quizzers, hall sprucers, cake makers and eaters, walkers, crafters and readers with shenanigans!

This year has seen a lot of change and as our numbers grow we would love to see more of you involved in the committee, with this being our 100 year celebration, so much to enjoy with old friends and new.

Carol Massey

Secretary of the Wickhambrook Women's Institute, April 2026